



# Seattle Skating Club Learn to Skate FAQ

## **Why Learn to skate?**

We will introduce your child to the thrill and athletics of Ice Skating, in a fun and safe learning environment. We provide a structured system for children and adults to be physically active and learn the fundamentals of skating.

## **What will my child be learning?**

We will teach them the building blocks of ice skating, using the proven "Learn to skate USA" curriculum. This provides the best foundation for all disciplines of skating. These progressive levels offered introduce forward and backward skating, stopping, edges, crossovers, turns, and beginning jumps and spins.

Our classes are taught in a positive and fun environment. Skaters will progress at their own rate and advance after skill mastery is demonstrated.

Group classes encourages social interactions and lifelong friendships are being made. This is where your skating journey begins.

## **What should my child wear?**

This is an ice rink and the arena is cold, so dress warm and in layers. Don't forget gloves or mittens.

Wear LONG socks that cover your ankle.

Safety helmets are recommended, Bicycle helmets work fine.

Knee pads without outer plastic shell are also recommended.

Avoid any loose items, like scarfs.

Please watch the Learn to Skate USA orientation video on how to prepare for class [HERE](#)

## **What time should I arrive at the rink?**

We recommend getting to the ice rink at least 20-30 minutes before your scheduled group lesson on the first day of class to complete your check in and make sure you have the time to select the correct skate size.

When you arrive, check in at the registration desk and receive your instructions for what to do next.

On subsequent weeks we recommend that you arrive no later than 15 minutes before your class start time. Classes will start on time so if you are late getting on the ice you will miss instructions.

**Can I watch my child?**

Only one parent is allowed to come in, due to Covid restrictions. We ask that parents, sit in the bleachers, 6 feet apart.

It is more helpful for skaters and coaches that parents refrain from trying to connect with child during the instructional time.

**What is the format of the program?**

The first 30 minutes consists of group instruction followed by 30 minutes of supervised practice time, where the skaters can improve their newly learned skill at their own pace.

During this time children may be able to obtain additional instruction in the form of booster/private lessons from one of Seattle Skating Clubs coaches. For more information on booster/private lessons please see or email the skating director at [sscltsdirector@yahoo.com](mailto:sscltsdirector@yahoo.com)

**How can my child progress to the next level?**

At the end of the series your child will be evaluated by the instructor, who will determine the correct level for the next series of classes.

Please note it is not uncommon for a coach to recommend that a skater retakes the same level more than once.

Skating is built in blocks and each block is the foundation for the next, therefore it is essential that a skater has mastered a particular set of skills before moving on to a new set of skills.

If you have any further questions, please do not hesitate to email our Skating Director at [sscltsdirector@yahoo.com](mailto:sscltsdirector@yahoo.com)

We are looking forward to sharing your skating journey with you, no matter where it takes you.